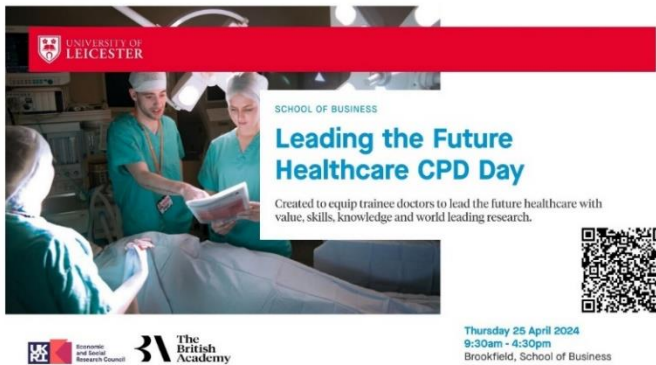


2nd Leading the Future Healthcare CPD Day Report 25 April 2024



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Introduction

The aim of this event is to unleash leadership within trainee doctors, to explore career pathways and to create opportunities for trainee doctors to have constructive dialogues with senior leaders from NHS Trusts, NHS England and the GMC.

The event was informed by knowledge gathered from 1,160 trainee doctors survey responses and 50 interviews among 210 volunteers, these trainee doctors are from 32 NHS Trusts in England and Wales.

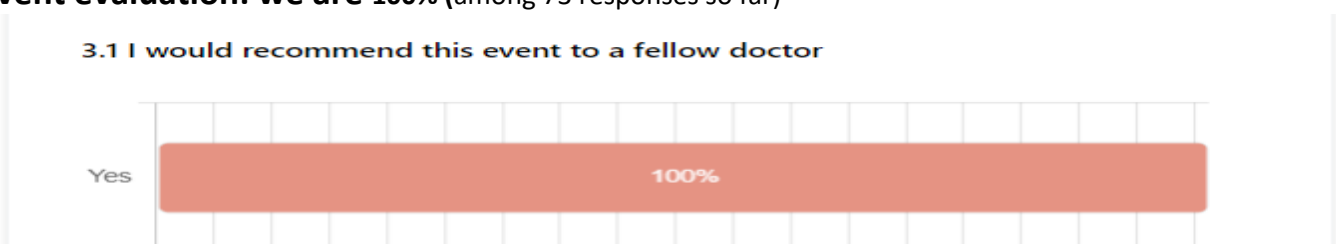
About the event

The event was on 25th April 2024 at the stunning Brookfield House, University of Leicester Business School. It was attended by 149 guests: 85% were NHS trainee doctors from 26 NHS Trusts, 10% are consultants, NHS Trust leaders and policymakers, and 5% were researchers from 5 different Universities who have ongoing NHS-related research projects. The remaining others were influential career coaches in medicine, doctors' wellbeing advocates, representatives from WESLEYAN, Medical Defence Union, and the British Medical Associate. The event featured talks from some key speakers including:

- | | |
|---------------------------------|--|
| Prof. Sue Curr | The First Deputy Medical Director of the General Medical Council |
| Professor Jonathan Corne | Regional Postgraduate Dean East Midlands, NHS England Midlands |
| Professor Carol Woodhams | Professor in HRM, Surrey Business School, University of Surrey |
| Professor Roger Seifert | Professor in Industrial Relations, Keele University |
| Professor Dominick Shaw | Professor of Respiratory Medicine, University of Leicester |
| Professor Elyn Kenny | Professor in HRM and OB, University of Birmingham |
| Dr Mat Daniel, | ENT Consultant and coach, Queen's Medical Centre, Nottingham |
| Dr Daniel Gearon | Founder and CEO, You Okay Doc? |

For the event programme and other honorary contributors, please see Annex I for the programme itinerary.

Event evaluation: we are 100% (among 73 responses so far)



What did trainee doctors say about the event in reflecting on our aims?

- 1. Leadership:** almost 89% trainee doctors believed that their understanding/confidence in exerting compassion leadership in a team has been improved to a satisfactory degree or more after the event.



Photos of some contributors in leadership development -Dr Ria Pital and Professor Sue Carr

- 2a. Career in medicine.** Almost 95% trainee doctors believed that their knowledge about creating a successful and meaningful career in Medicine has been improved to a satisfactory degree or above (Fig. 1.3) compared with before the event.



1.3 Knowledge to create a meaningful career in medicine

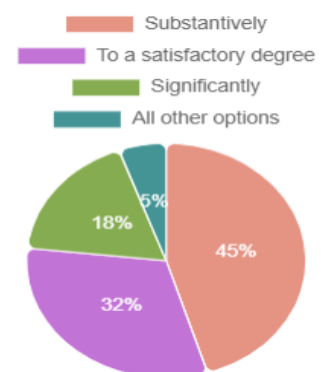
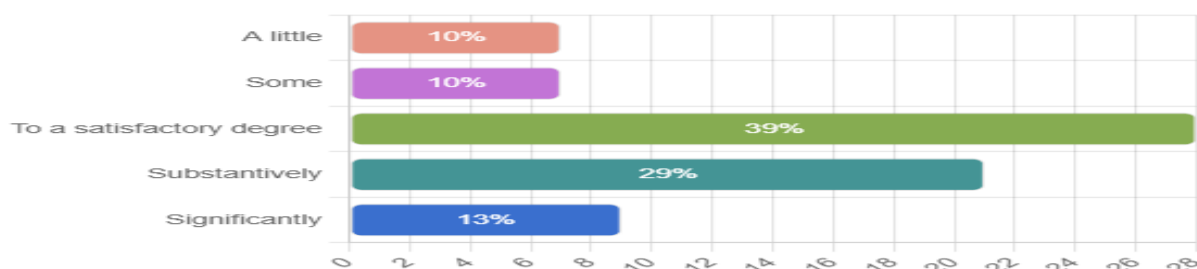


Photo of one contributor in career pathway in medicine – Dr Mat Daniel and keen audience

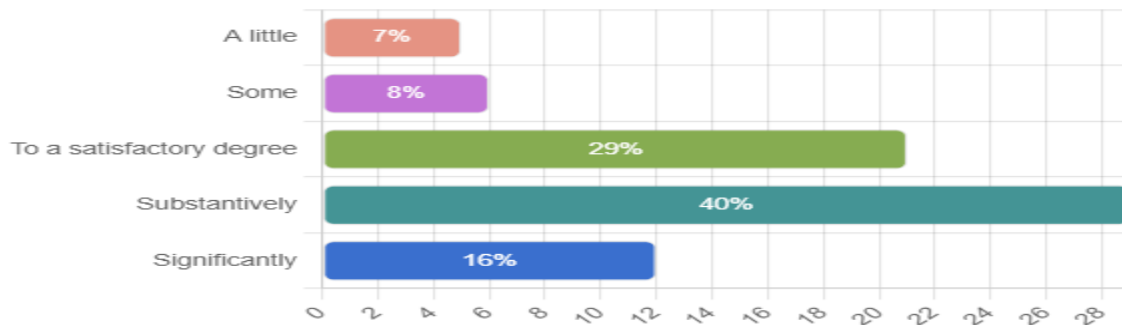
- 2b. Career in academia,** almost 80% trainee doctors believed that their knowledge to pursue a career in academia has been improved to a satisfactory degree or higher (Fig. 1.4) after the event.

1.4 Knowledge to pursue a career in academia



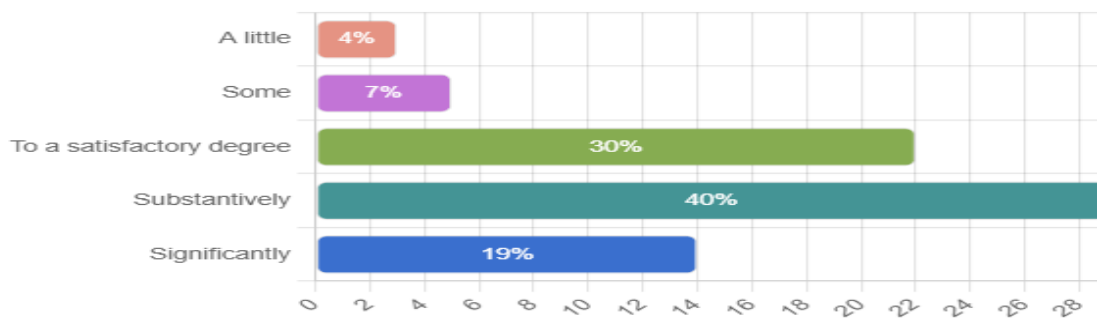
3. **Knowledge to participate and collaborate research projects**, 85% trainee doctors believed that their knowledge to participate and collaborate research projects has been improved to a satisfactory degree or above (Fig. 1.7)

1.7 Knowledge to participate and corroborate research projects with academics



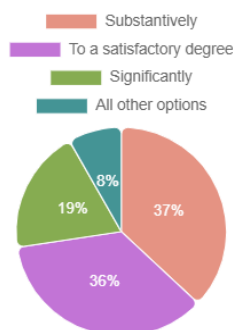
4. **Building a supportive environment around you**, almost 89% trainee doctors believe they have learnt practical ways to build up a supportive environment around themselves after the session.

1.2 Practical ways to build up a supportive environment around you



5. **Conversation with senior leaders**, 92% trainee doctors considered their confidence to constructively discuss an issue with senior leaders has increased to a satisfactory or above level compared with before the event.

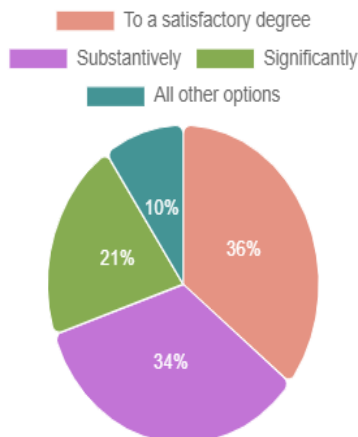
1.6 Confidence to constructively discuss an issue with senior leaders



Photos of some contributors in dialogue with leaders: Professor Jonathan Corne

6. **Look after doctors' wellbeing**, 90% trainee doctors considered their knowledge in knowing resources and support for wellbeing has increased to a satisfactory or above level compared with before the event.

1.5 Knowing resources and support to look after your wellbeing



Photos of some ontributors: Dr Ernesto Vera and keen audience

This is what doctors think the best thing they learnt on the day

There are more options than I think and that the culture of healthcare is changing to be more accepting of work-life integration and more importantly, the flexibility for us to live the lives we want and get to love the lives we have

I got to know NHS heros stories, get more attached to health care system. I got ideas 1st time in my life about compassionate leadership. Motivated to be educator. I got the courage to ask the questions and comments on the mic :)

I am not the only person who has struggled in the past with career choices. Alot of people have similar experiences to me. This is very reassuring.

Meeting other trainees and clinical leaders

Realising what your strengths and weaknesses are I, what brings you joy, and building your career to match that as much as possible

This is what doctors said about the day

A very useful day. I especially enjoyed being able to listen to and question all the clinical leaders and professors

It was a beautifully organised program, with very enlightened speakers

This was such an incredible session. It was so insightful, motivating and inspiring and all of the speakers were so encouraging and gave such brilliant inputs and advice. Really loved the overlying context to encourage us to pursue the lives we want, which has made it much more possible to stay in the NHS for a longer career, instead of feeling the urge the feel abroad for better working conditions. Furthermore, Dr Wang's final slides were such a beautiful summary of this event and the overlying research and was such a wonderful blend of humanity and academics. Thank you so, so much for this session.

Recommendation from trainee doctors

I wish that I could have attended both sets of seminars. It was difficult to choose and everything was potentially useful to know.

Please do more of these! Possibly nationally to make them more accessible and/or encourage our Trusts to help fund them to increase accessibility

Acknowledgement

The event is a joint effort of the project/research team: Dr Mark McCarthy, Professor Maria Karanika-Murray, Dr Jennifer Creese, and Professor Kevin Harris. We thank the support from the event team (Ms Lois Womersley and Ms Abbie Sleath) at ULSB, the finance team, Dr (Med)Hussein Lubbad, Yuhan Huang, Jazz Sigh to help out on the day. We are in debt to great chairpersons and the following partners/supporters

